

## **WHAT IS TRAUMATIC BRAIN INJURY?**

A traumatic brain injury (TBI) is defined as a blow or jolt to the head, often resulting in short- or long-term problems with independent function.

## **SIGNS AND SYMPTOMS OF CONCUSSION**

- Nausea
- Dizziness or balance problems
- Double or fuzzy vision
- Sensitivity to light or noise
- Headache
- Feeling sluggish or tired
- Feeling foggy or groggy
- Confusion
- Trouble concentrating
- Trouble remembering

**It's more than just a bump on the head!**

## **HOW MANY PEOPLE HAVE TBI?**

- Over 3.5 million traumatic brain injuries occur each year, making it a leading cause of death and disability.
- Approximately 50,000 Americans die as a result of TBI each year.
- An additional quarter million are hospitalized and almost 1.4 million people receive other medical treatment because of these injuries.

## **THINGS TO REMEMBER**

- A person with traumatic brain injury is a person first.
- No two TBI are exactly the same.
- The effects are complex and vary greatly from person to person.
- The effects depend on such factors as cause, location, and severity.
- Little knowledge is shared about TBIs by the vast majority of general medical doctors.

To learn more about TBI, visit <http://gettbi.org>